



# 43<sup>RD</sup> LOYOLA LAKEFRONT CROSS COUNTRY INVITATIONAL

**DATES:** Thursday and Friday, September 29 - 30, 2022

**MEET LOCATION:** Lincoln Park – Grove 16, Montrose Harbor  
West Montrose Avenue and North Simonds Drive, Chicago, IL 60640

**TIME OF EVENTS:** Thursday, September 29, 2022

**Elementary School and Chicago Park District Divisions**

Elementary School (Girls & Boys) Grades K-4	(0.5 Miles)	4:35 P.M.
Chicago Park District (Girls & Boys 8 -10 Year Old's)	(0.5 Miles)	4:45 P.M.
CPS Girls Grades 5-6 and CPD Girls Ages 11-17	(1.0 Mile)	4:55 P.M.
CPS Boys Grades 5-6 and CPD Boys Ages 11-17	(1.0 Mile)	5:10 P.M.
Private School (Girls) Grades 5-6	(1.0 Mile)	5:25 P.M.
Private School (Boys) Grades 5-6	(1.0 Mile)	5:40 P.M.
Middle School Girls Grades 7-8 (CPS and Private Schools)	(1.5 Miles)	5:55 P.M.
Middle School Boys Grades 7-8 (CPS and Private Schools)	(1.5 Miles)	6:15 P.M.

**Friday September 30, 2022**

**"Sean Earl" Collegiate Invitational hosted by Loyola University Chicago**

*Maroon Division (Seeded Collegiate Teams Only)*

Collegiate Women	(6K)	1:00 P.M.
Collegiate Men	(8K)	1:35 P.M.

*Gold Division (Collegiate Teams / Open Teams / Individuals)*

Collegiate / Open Women	(6K)	2:15 P.M.
Collegiate / Open Men	(8K)	2:50 P.M.

**High School Invitational hosted by Latin School of Chicago**

JV / Open High School (Girls & Boys)	(4K)	4:00 P.M.
Frosh / Soph High School Girls	(4K)	4:30 P.M.
Frosh / Soph High School Boys	(4K)	4:55 P.M.
Varsity High School Girls	(5K)	5:20 P.M.
Varsity High School Boys	(5K)	5:50 P.M.



**CONTRIBUTING ORGANIZATIONS AND INSTITUTIONS:**

Loyola University of Chicago	Collegiate
Latin School of Chicago	High School / Elementary Schools
Chicago Public Schools Corporation	Chicago Public Schools
Chicago Park District	Chicago Park District
Lakeshore Athletic Services	Meet Management

**AWARDS:** Collegiate Awards Maroon & Gold Divisions  
 Top 25 Individual Women and Top 25 Individual Men Commemorative Shirts  
 High School Awards\*  
 Top 25 Individual Girls and Top 25 Individual Boys Commemorative Shirts **All Races**  
 Elementary School Awards\*  
 Top 25 Individual Girls and Top 25 Individual Boys Commemorative Shirts **All Races**

\*Awards distribution takes place at the **Awards Tent**, beginning 30 minutes after 1<sup>st</sup> race of the day, running continuously.

**MEET WEBSITE AND EMAIL:** Web: [www.lakeshoreathleticservices.com](http://www.lakeshoreathleticservices.com)  
Email: [lakefrontxc@lakeshoreathleticservices.com](mailto:lakefrontxc@lakeshoreathleticservices.com)

**REGISTRATION:** **Collegiate** participating teams are either *invited* or must notify the meet organizer in advance of submitting their team registration. Team registration can be completed online at [www.directathletics.com](http://www.directathletics.com)

**High School** participating teams are either *invited* or must notify the meet organizer in advance of submitting their team registration. Team registration can be completed online at [www.athletic.net](http://www.athletic.net)

**Elementary and Middle Schools**

**Chicago Public School Elementary (CPS)** entries will be administered directly through Chicago Public Schools.

**Open Elementary and Middle School (non-CPS)** Team registration can be completed online at [www.athletic.net](http://www.athletic.net)\*

**Chicago Park District** entries will be administered directly through the Chicago Park District.

\*Open Elementary and Middle schools who are not registered with Athletic.net can register directly through Lakeshore Athletic Services (LAS). Please contact LAS at [lakefrontxc@lakeshoreathleticservices.com](mailto:lakefrontxc@lakeshoreathleticservices.com) to receive registration instructions.

<b>REGISTRATION DEADLINES:</b>	Collegiate	11:59 PM CDT Monday, September 26, 2022
	High School	11:59 PM CDT Tuesday, September 27, 2022
	Elementary and Middle School	11:59 PM CDT Tuesday, September 27, 2022
	Chicago Park District	11:59 PM CDT Tuesday, September 27, 2022

<b>TEAM ENTRIES PER RACE:</b>	<b>Collegiate Divisions</b> (Collegiate teams may enter a maximum of 19 total entries per gender)
	Maroon (Seeded) Maximum <b>7</b> participants / team per (Women / Men) race*
	Gold Maximum <b>12</b> participants / team per (Women / Men) race
	<b>High School Divisions</b>
	JV / Open Unlimited participants / team (one race)
	Frosh / Soph Unlimited participants / team per (Girls / Boys) race
	Varsity Maximum <b>12</b> participants / team per (Girls / Boys) race
	<b>Elementary and Middle School</b>
	Open Schools Unlimited participants / team per (Girls / Boys) race
	Chicago Public Schools Unlimited participants / team per (Girls / Boys) race
	Chicago Park District Unlimited participants / team per (Girls / Boys) race

\*Collegiate seeded teams may submit a second team in Gold division.

<b>TEAM MEET REGISTRATION FEES:</b>	<b>Collegiate</b>
	Women's Team <b>\$400 USD</b> Men's Team <b>\$400 USD</b>
	Individual / Unattached <b>\$30 USD</b>
	<b>Colleges Make Checks payable to: Lakeshore Athletic Services</b>
	<b>High School</b> (based on the number of total <u>registered</u> runners)
	<b>One</b> (1) Girls <b>or</b> one (1) Boys Team < 50 runners <b>\$150</b> ; Girls <b>And</b> Boys Teams < 100 runners <b>\$250</b> ;
	<b>One (1)</b> Girls <b>or</b> one (1) Boys Team > 50 runners <b>\$175</b> ; Girls <b>And</b> Boys Teams > 100 runners <b>\$300</b> ;
	Individual / Unattached <b>\$15</b> ;
	<b>High Schools Make Checks payable to: Lakeshore Athletic Services</b>
	<b>Open Elementary and Middle Schools</b>
	Girls Team (unlimited entries) <b>\$75</b> ; Boys Team (unlimited entries) <b>\$75</b>
	Individual / Unattached <b>\$15</b> ;
	<b>Elementary Schools Make Checks payable to: Lakeshore Athletic Services</b>

**FEE PAYMENT MAILING ADDRESS:** **Loyola Lakefront Cross Country Invitational**  
c/o Lakeshore Athletic Services; 6227 Monroe Court; Morton Grove, IL 60053



**TEAM PACKETS:**

Team Packets (team runner bibs and course maps) will be available at the  
**Registration Tent - West Montrose and North Simonds Drive**

Thursday, September 29, 2022                      2:30 P.M. - 5:00 P.M.  
 Friday, September 30, 2022                      11:00 A.M. - 5:00 P.M.

**Team fee payments MUST be made in advance or at the Registration Tent.**

**Make checks payable to:** *Lakeshore Athletic Services.*

**COURSE / MAP:**

A course and site map will be available on the [website](#) closer to the September meet date. Start and Finish areas are located near the Montrose Beach House. The course weaves around the Montrose Harbor area. The 2K and the 3K loop will include Cricket Hill, Chicago's highest point.

**"Sean Earl" Collegiate Invitational courses:**

**6K:**            3K loop; 3K loop  
                     **Splits:** 1 Mile; 2 Mile; 3 Mile  
**8K:**            2K loop; 3K loop; 3K loop  
                     **Splits:** 1 Mile; 2 Mile; 3 Mile; 4 Mile

**High School Invitational courses:**

**4K:**            2K loop; 2K loop  
                     **Splits:** 1 Mile; 2 Mile  
**5K:**            2K loop; 3K loop  
                     **Splits:** 1 Mile; 2 Mile; 3 Mile

**Elementary School and Chicago Park District Invitational courses:**

**0.5M:**        0.5 Mile loop  
**1.0M:**        1.0 Mile loop  
**1.5M:**        1.5 Mile loop

**MILE SPLITS:**

The **Friday** Collegiate and High School meets will have each mile markers and visual clocks will display split times.

Mile split times will not be available at Thursday's Elementary school meet, only **Finish** times.

**TEAM SCORING AND BIBS:**

Team's top 7 runners will count toward scoring (first 5 score, 6 and 7 displace). All team runners after the 7<sup>th</sup> finisher will be included in the results.

Runners' time and place are recorded by the IPICO timing system. Each runner is required to wear their meet issued bib on the front of his/her jersey to be officially scored.

**MEET RESULTS:**

Results can also be found online at <http://lakeshoreathleticservices.com/results/> during and after the meet.

**MEET PARKING:****Team Van and Spectator Parking:**

There is street parking on Simonds Drive and Montrose Drive

There are two large pay lots near the start and finish areas

**North of Wilson Drive, east of North Lakeshore Drive**  
**North of Montrose, west of Simonds Drive**

**Team Bus Parking:**

School buses should park on Lawrence Avenue or Wilson Drive – there will be parking signs indicating this area.

Bus parking areas will be designated on the site map. Please note that parking is always limited in these areas and we encourage carpooling or use of public transportation.



**MEDICAL:** There will be an ambulance on site as well as athletic trainers in the Medical Tent. Ice will be available at the Medical Tent.

---

**SHOWERS AND RESTROOMS:** There are no shower facilities at Montrose Harbor. There will be portable restrooms and hand washing stations on site.

---

**FOOD AND MERCHANDISE:** There will be concessions available on site and commemorative meet T-shirts available for sale.

---

**HOTEL INFORMATION:** For hotel options please contact Catherine Vertino at 847-673-4100 or email [catherine@lakeshoreathleticservices.com](mailto:catherine@lakeshoreathleticservices.com). The hotels vary in price and proximity to the meet site at Montrose Harbor.

---

**TEAM GATHERING, ALUMNI AND FAMILY AREA:** Teams are encouraged to invite your Alumni, Family and Friends to attend the meet and cheer your team at the Loyola Lakefront Invitational. Lakeshore Athletic Services can provide a tent and a designated meeting area at a nominal cost. Each provided tent will be identified with the school name.

Please contact Lakeshore Athletic Services at [lakefrontxc@lakeshoreathleticservices.com](mailto:lakefrontxc@lakeshoreathleticservices.com) for rates and to place a reservation.

---

**QUESTIONS:** **Email:** [lakefrontxc@lakeshoreathleticservices.com](mailto:lakefrontxc@lakeshoreathleticservices.com)  
**Phone:** 1-847-673-4100

